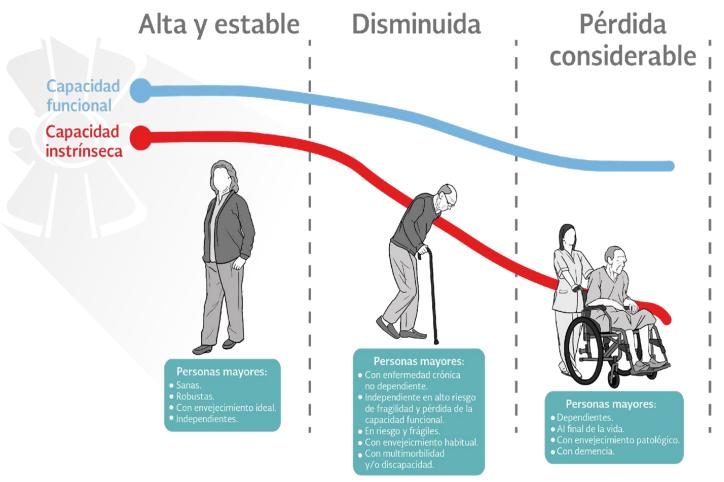
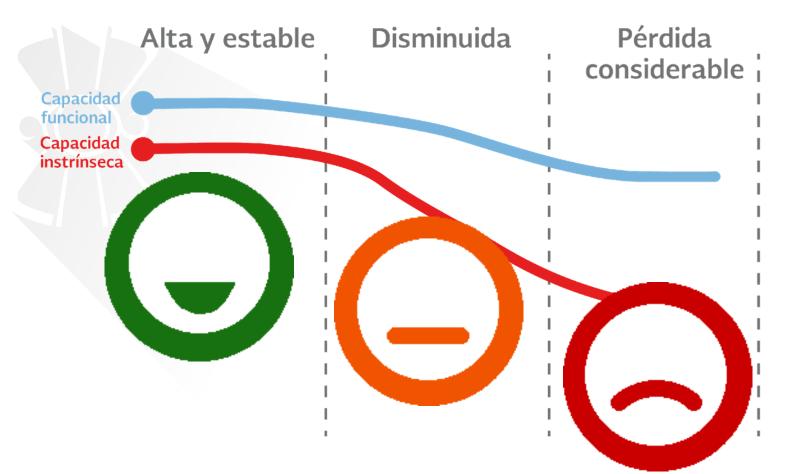
Envejecimiento Saludable







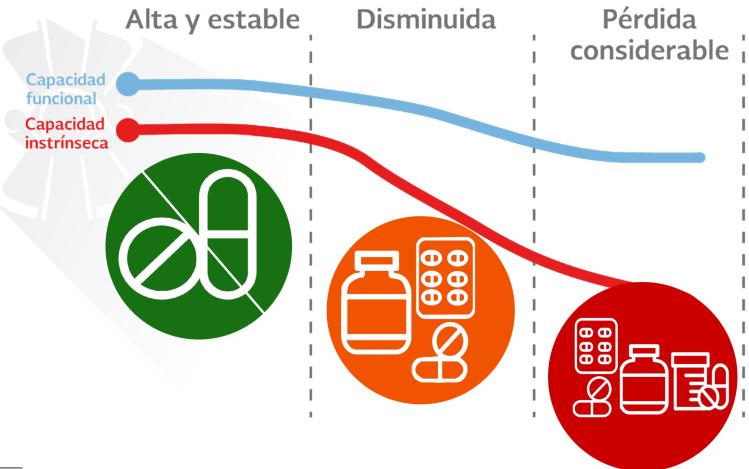
Estado de animo







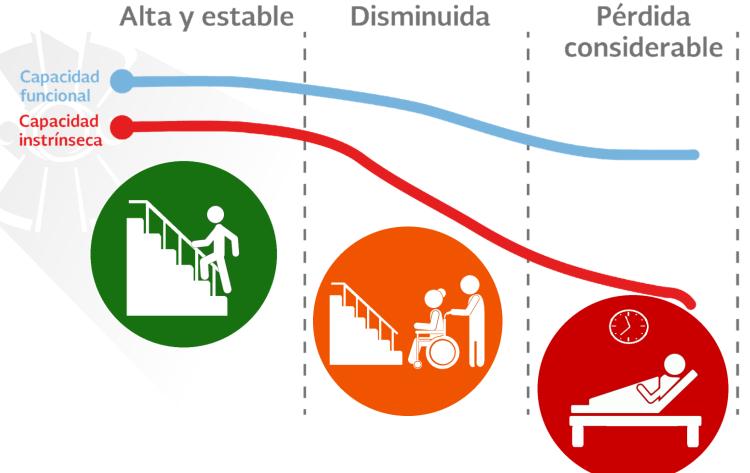
Prescripción de medicamentos







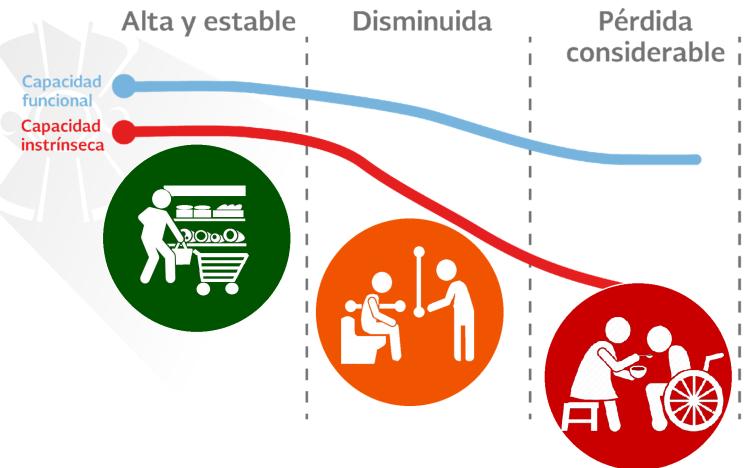
Movilidad







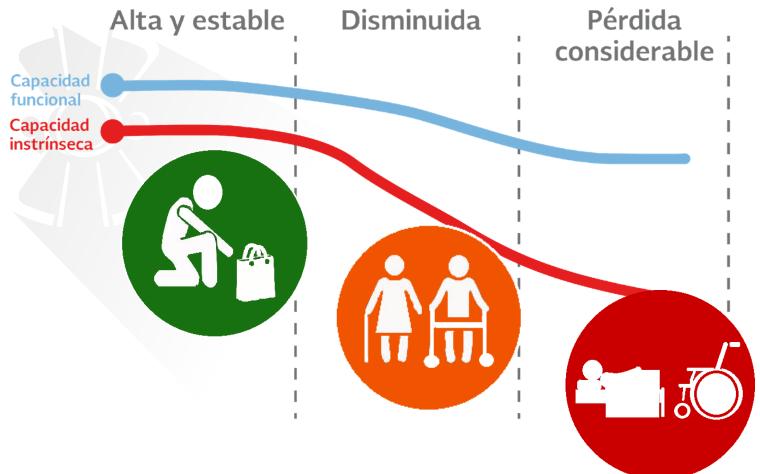
Funcionalidad







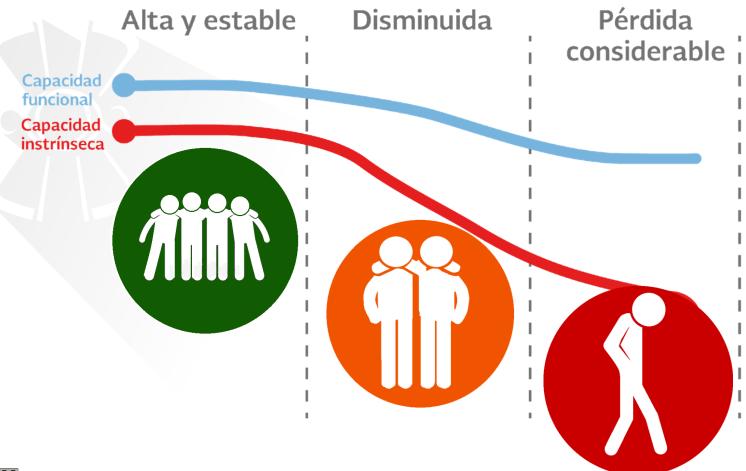
Equilibrio







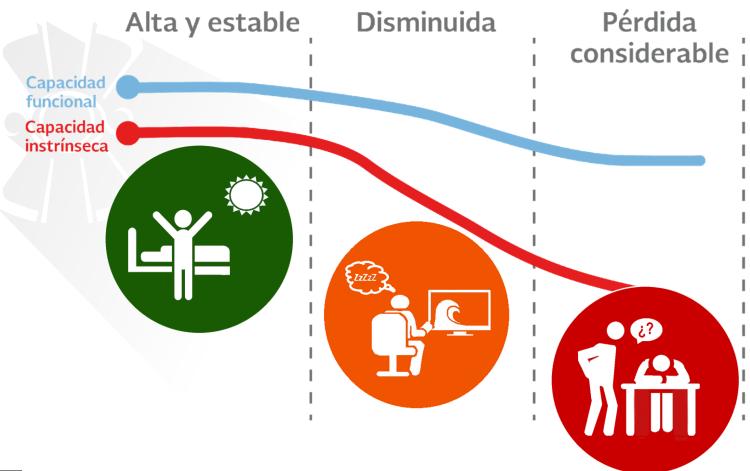
Conexiones sociales







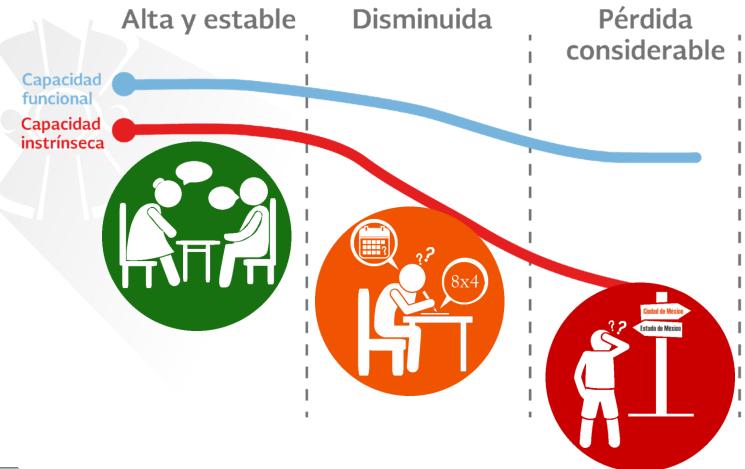
Cansancio durante el día







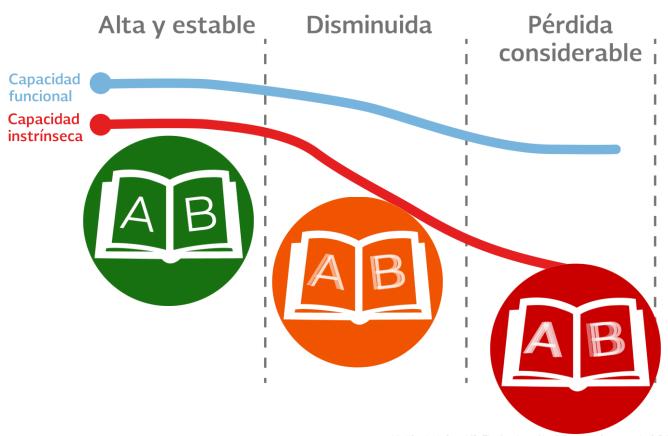
Memoria y pensamiento





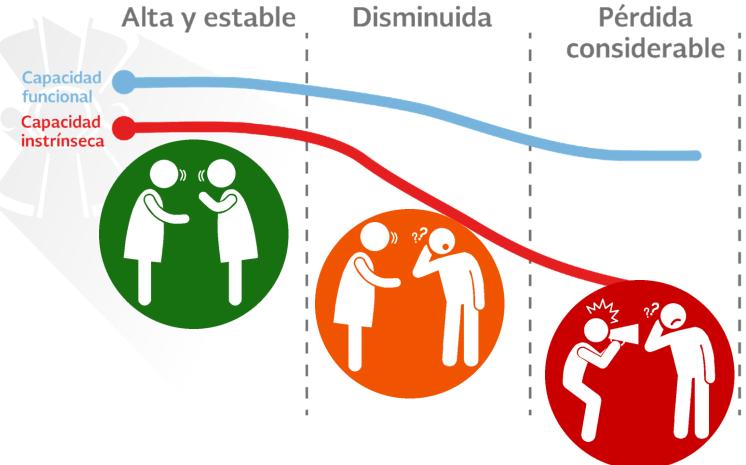


Visión (con lentes si es necesario)



Modificado de Beard JR. The freedom of healthy ageing [presentation]. Feb 06 2017.

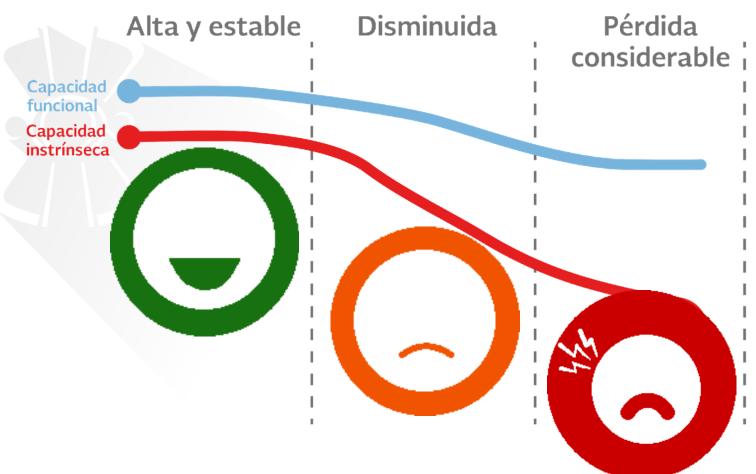
Audición (con aparato auditivo si es necesario)







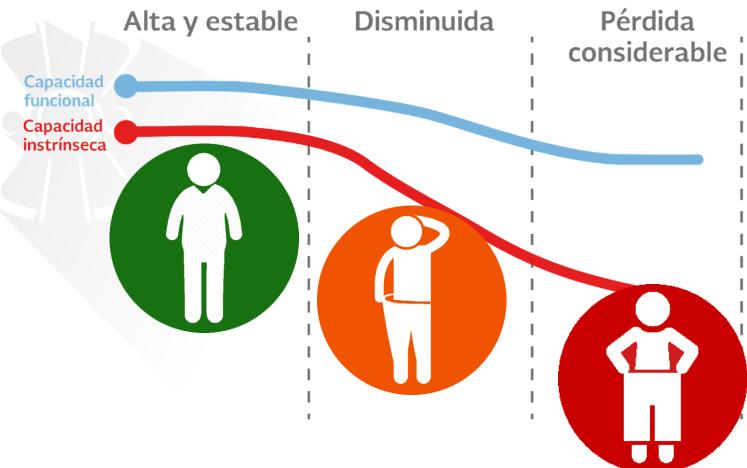
Dolor







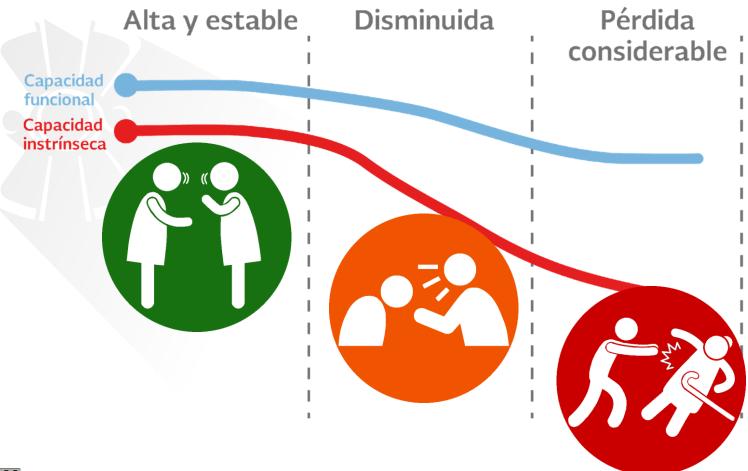
Pérdida de peso involuntaria







Agresión/ Maltrato







Control de la vejiga

